



# Auckland College Lunch Menu

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Week 1</u>	Chicken Curry and Rice  (Contains Dairy)	Spaghetti Bolognese  (Contains Wheat)	Tasty Minced Meat served with Vegetables and Mashed Potato  (Contains Dairy)	Fish Fingers, Crispy Cubed Potatos and Peas.  (Contains wheat, gluten)	Chicken Goujons, Potato Waffles and Spaghetti.  (Contains wheat, gluten)
<u>Week 2</u>	Sausage Casserole  (Contains wheat, gluten)	Chicken Pasta Bake  (Contains wheat, gluten and Dairy)	Vegetable Curry  (Contains Dairy)	Fish Cakes, Curly Fries and Peas and sweetcorn.  (Contains Dairy,Gluten and Wheat)	Hot Dogs ina bun with seasoned wedges.  (Contains wheat, gluten)
<u>Week 3</u>	Sausages Hash Browns and beans.  (Contains wheat, gluten)	Chicken Casserole  (Contains wheat, gluten)	Lasagne and Garlic bread  (Contains wheat, gluten, dairy)	Fish Fingers, Crispy Cubed Potatos and Peas.  (Contains wheat, gluten)	Meatballs pasta bake.  (Contains Dairy,wheat and Gluten)
<u>Week 4</u>	Lamb Hotpot  (Contains wheat, gluten)	Chicken Savoury Rice pot	Sausage, Mash potatoes, Vegetables and Gravy  (Contains Milk, Dairy and Gluten)	Fish Cakes, Curly Fries and Peas and sweetcorn.  (Contains Dairy,Gluten and Wheat)	Chicken and Sweetcorn Pasta with cheese topping.  (Contains Dairy,Gluten and Wheat)

All Meals are served with a Halal and Vegetarian option.

QUORN CHICKEN & MINCE (CONTAINS EGG)

***In addition to these meals we also serve daily Tuna Pasta/Pesto Pasta/Tomato Pasta and a selection of sandwiches.***