



Message from the Management team

Welcome to this month's newsletter. I hope you have all had a great summer, making memories with you little ones. As the new term begins, we have lots of exciting things planned. This month the children have loved starting to get out and about again and attending places such as the local parks. The children have enjoyed a range of ongoing activities and learning related to our new 'in the moment planning' and carried out weekly activities for our chosen Rhyme's and stories. Children enjoyed a range of creative activities and developing their knowledge of animals and animal sounds. Our recruitment has been successful, we have Hazel starting with us in September, and Lyndsey will be returning from her maternity leave. Both will be based in Buttercup room. Also Abbie who began as our bank staff will now be starting an apprenticeship with us and will be based in Daisy room. We also have Siobhan and Fanda who will be moving into Snowdrop room. I would like to say a huge thank you to the staff for their continual hard work and dedication over the last few months. Room of the month went to Snowdrop room for their teamwork and commitment for improvement, display of the month went to Buttercup room for the wide range of activities carried out and employee of the month was given to Molly Hammond for her positive attitude, the secure bonds that she creates with her key children and their families and for the great support to other staff. We would like to say a fond farewell to all our children moving from Sunflower to pre-prep we are going to miss you all and it has been a pleasure to watch you them grow and develop. Thank you all for your continued support, Kellie and Amy

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My name is **Delishia Harding** and I will be your child's key worker. I am an Early Years Practitioner in Sunflower Room.



I have joined Auckland Team in November 2017 as a level 3 practitioner

In my spare time I enjoy to stay fit and active and spend time with my family and friends, as well as regular babysitting for family.

Thursday 3rd September new term starts

Friday 18th September **Rosh Hashanah (Jewish New Year) Rosh Hashanah (Jewish new year) a range of activities will take place**

Monday 14th September (**Charity Fundraising, Jeans for genes day** – in support of the genetic condition [Cri-du chat] for **Samuel**. Children to wear something blue, or denim. For a small donation.

Buttercups This month in we have explored a range of different activities as we have focused on enhancing our interests in new and exciting ways. Our main focus this month has been animals, the sounds that they make and their colours. The children have most enjoyed creating 3D figures for our different stories and rhymes of the weeks. We have also had numerous trips to the parks. The children have strengthened their fine motor skills learning how to hold paintbrushes, make marks and explore different textures. During the month we have all met a range of milestones whether it be first words, first steps, we can't wait for more fun next month.

Daisy

This month we created activities to support 'Three little men in a flying saucer', Children enjoyed making space ships come to life through a range of painting and mark making activities developing their fine motor skills and interest in marks. Children also enjoyed creating the world, children also developed their counting skills through counting the aliens. Children also enjoyed engaging with the song, learning the different actions and developing their listening and attention skills. We also created activities around 'Aliens in underpants' children enjoyed decorating their underpants, exploring a range of textures and colours while developing their fine motor skills. We have all enjoyed welcoming our friends back to nursery and we would like to say a huge welcome to Abbie and Laura who are new staff in our room.

Bluebell

This month we have had fun creating activities with 'Old McDonald had a farm' and we linked this with a story called 'The Farm'. We decorated our own animals using a variety of different creative tools such as fun as painting, gluing and sticking etc. We used different recycled resources such as empty boxes, kitchen roll holder etc to make different objects for our display. We made trees and tractors. We also explored the paint with our hands to make hand prints for the leaves of our tree. We enjoyed lots of fun activities such as a teddy bears picnic, we decorated our own biscuits to eat. We had a textured food path to explore different textures with our hands and feet. We have also loved dancing along to our favourite song Baby shark

Snowdrop

This month we have been singing the song 'Miss polly' and we enjoyed playing with the dolls and the Ohouse. We have enjoyed adding scenes for our dolls to explore such as the beach or the park. As always we have created lots of mark making and pictures with our crayons or pencils. This month have drawn and coloured houses, tractors and lorries to go with our construction side/toys. Our new activity choices have been Dinosaurs and dinosaur world, so we were really pleased to get new dinosaurs. We also made our own playdough and it has different smells such as chocolate and vanilla. Also we have been making and decorating some cakes. We have also been exploring people and families and different jobs we do while talking about our own differences.

Daffodil

This month in Daffodil room we have enjoyed some sunny days in the garden. We have been practicing our balancing skills on the logs and have been developing our counting skills. We have done some colour sorting activities using the lego and flash cards. We have also been discussing big and little towers. The children are becoming confident when trying to identify different colours during activities. We have created some outdoor summer tuff trays encouraging the children to apply sun cream in the hot weather, and all things, which associate with summer, such as wearing caps and hats, going to the beach and tasting cold foods to cool us down and using ice to discuss temperatures and what happens when the ice melts.

This month the sunflower room has had lots of fun exploring in a variety of activities. The children have demonstrated a 'can do attitude' as they created a Gruffalo as part of our story of the week, developing their speech as they discussed different features that the gruffalo has. The children enjoyed celebrating their friends and staff birthdays, while using a range of resources to create cards and a cake for our Happy Birthday. Our children loved creating a 3D bus, animals and rainbows for other songs. They all showed high fascination and excitement when role playing bus journeys. All the children have taken great interest in looking at different letters and colours this month. We have had lots of discussions with the children moving into Pre-prep we are going to miss them all.

Use of dummy in nursery policy

At Auckland House Day Nursery we recognise that a dummy can be a source of comfort for a child who is settling and/or upset, and that it may often form part of a child's sleep routine.

We also recognise that overuse of dummies may affect a child's language development as it may restrict the mouth movements needed for speech. As babies get older, they need to learn to move their mouths in different ways, to smile, to blow bubbles, to make sounds, to chew food and eventually to talk. As babies move their mouths and experiment with babbling sounds, they are learning to make the quick mouth movements needed for speech. The more practice they get the better their awareness of their mouths and the better their speech will be.

Our nursery will:

- Discuss the use of dummies with parents as part of babies' individual care plans
- Only allow dummies for comfort if a child is really upset (for example, if they are new to the setting or going through a transition) and/or as part of their sleep routine
- Store dummies in individual hygienic dummy pots labelled with the child's name to prevent cross-contamination with other children
- Immediately clean or sterilise any dummy or bottle that falls on the floor or is picked up by another child.
- In Buttercups they will also use 'on the go' Sanitising water.

When discouraging the dummy staff will:

- Make each child aware of a designated place where the dummy is stored
- Comfort the child and, if age/stage appropriate, explain in a sensitive and appropriate manner **why they do not** need their dummy
- Distract the child with other activities and ensure they are settled before leaving them to play
- Offer other methods of comfort such as a toy, teddy or blanket
- Explain to the child they can have their dummy when they go home or at sleep time.

We will also offer support and advice to parents to discourage dummy use during waking hours at home and suggest ways which the child can be weaned off their dummy through books and stories.

Recipe of the month – Beef Hot Pot



Ingredients

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince
- 90g pack prosciutto
- half quantity of our tomato sauce (see the recipe), or 800g passata
- 200ml hot beef stock
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

Method

1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
3. Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
4. Bring up to the boil, then simmer for 30 mins until the sauce looks rich.
5. Heat oven to 180C/fan/160C/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
6. Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
8. Scatter 125g torn mozzarella over the top.
9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.

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