



## Message from the Management team



Welcome to this month's newsletter. Our children have carried out some lovely activities this month, they have increased the time spent outdoors, gaining fresh air and giving them plenty of opportunities to be active. We have celebrated 'EID' allowing children to be creative and join in with craft activities.

Over the coming months we will be starting up trips out in the close community again. We have carried out risk assessments and will ensure that full health and hygiene procedures are carried out at all times. It is so important for us to continue to create opportunities for the children to be out and about in their local community and gain a greater understanding of the world in which they live.

Our staff training has continued via Zoom this month, we have found this so beneficial and is definitely the way forward for us. This month it was about 'in the moment planning' which we will be moving towards. This is a very simple idea of observing and interacting with children as they pursue their own interests and also assessing and moving them onto the learning in that moment rather than planning an activity at a later date. This heavily relies on the quality of interactions from staff and their ability to teach and learn children and for them to be alert and not miss learning opportunities as they arise. Furthermore, to adapt the learning environment to support children's interests and provide them with exciting, engaging opportunities. We will also be having an increased interest in children's learning at home. We welcome any pictures or updates from yourselves of what experiences, milestones that your child may have achieved away from the nursery. This can be done through your EYLOG app and is very useful to monitor and track your children development against the EYFS. We have revisited our policies for health and hygiene and risk assessment.

We have continued with recruitment and have currently recruited Laura who is a level 3 practitioner, Abbie who is bank staff and will be beginning an apprenticeship with us in September. Finally, a big congratulation to Lauren who has given birth to a little boy (Alfie).

Thank you for all your continuous support. Kellie

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My name is Ella Hill and I will be your child's key person. I am an Apprentice in the Bluebell room.



I have joined Auckland House Team in July 2018 as an apprentice and am working towards my Level 2. I am enjoying getting to know the staff and children.

In my spare time I enjoy dancing and spending time with my family and friends

### Important messages

**Please remember to bring nappies and wipes daily and also to ensure your child has a sun hat and sun cream.**

**Buttercups** This month in Buttercup has been lots of fun. We have welcomed lots of new friends into the room and explored plenty of new activities. Our song was 'Head, Shoulders, Knees and toes' and our story was 'Is this my Nose'. We have concentrated lots on our communication and language skills as well as practicing our use of gestures. We sang our song daily as we practiced our knowledge of our simple body parts, recognising them whilst having fun and dancing to the music. We took part in plenty of mark making activities, using our palmer grasp and getting creative. For our story, we enjoyed reading about our facial parts, all of them different and unique. We explored counting our body parts as well as reading our sign language books to practice communicating in their ways. This month we practiced counting to 3 in Welsh and Italian (With help from Molly and Charlie) to explore all our different backgrounds of our friends in the room. We celebrated lots of 1<sup>st</sup> Birthdays within the room and enjoyed celebrating our milestones together.

### Daisy

Our song of the month was 'Three little men in a flying saucer', Children enjoyed making space ships come to life through a range of painting and mark making activities developing their fine motor skills and interest in marks. Children also enjoyed creating the world, children also developed their counting skills through counting the aliens. Children also enjoyed engaging with the song, learning the different actions and developing their listening and attention skills. Our story of the month was 'Aliens in underpants' children enjoyed decorating their underpants, exploring a range of textures and colours while developing their fine motor skills. We have all enjoyed welcoming our friends back to nursery and we would like to say a huge welcome to Abbie and Laura who are new staff in our room.

### Bluebell

Our song of the month was 'Old McDonald had a farm' and Our book of the month was 'The Farm'. The children loved doing different activities based around these. We decorated our own animals using a variety of different creative tools such as painting, gluing and sticking etc. We used different recycled resources such as empty boxes, kitchen roll holder etc to make different objects for our display. We made trees and tractors. We also explored the paint with our hands to make hand prints for the leaves of our tree. We enjoyed lots of fun activities such as a teddy bears picnic, we decorated our own biscuits to eat. We had a textured food path to explore different textures with our hands and feet. We have also loved dancing along to our favourite song Baby shark

### Snowdrop

This month we have been singing the song 'Miss polly' and we enjoyed playing with the dolls and the Ohouse. We have enjoyed adding scenes for our dolls to explore such as the beach or the park. As always we have created lots of mark making and pictures with our crayons or pencils. This month we have drawn and coloured houses, tractors and lorries to go with our construction side/toys. Our new activity choices have been Dinosaurs and dinosaur world, so we were really pleased to get new dinosaurs. We also made our own playdough and it has different smells such as chocolate and vanilla. Also we have been making and decorating some cakes. We have also been exploring people and families and different jobs we do while talking about our own differences.

### Daffodil

This month in Daffodil room we have enjoyed some sunny days in the garden. We have been practicing our balancing skills on the logs and have been developing our counting skills. We have done some colour sorting activities using the lego and flash cards. We have also been discussing big and little towers. The children are becoming confident when trying to identify different colours during activities. We have created some outdoor summer tuff trays encouraging the children to apply sun cream in the hot weather, and all things, which associate with summer, such as wearing caps and hats, going to the beach and tasting cold foods to cool us down and using ice to discuss temperatures and what happens when the ice melts.

**Sunflower** This month in the Sunflower room we have been looking at the song and story 'Miss polly had a dolly' and 'Animal hospital'. Throughout the month the children have loved taking part in doctors role play and showed a high fascination as they explored in a first aid tuff spot tray. They have enjoyed showing off their lovely singing voices as they sang along and done the actions during circle time and showed a can do attitude as they created their own 'dolly' and doctors tool. During the month the children also enjoyed creating their own hospital and animals to take care of and all loved learning about different occupations. The Sunflower room have enjoyed learning all about Eid this month and have loved exploring in a variety of water play and hygiene activities. They have loved learning about different movements during obstacle courses and fitness activities and have all shown a can do attitude while working on their pen control. We have loved welcoming all of our friends back to nursery and having lots of fun with them.

## Use of dummy in nursery policy

At Auckland House Day Nursery we recognise that a dummy can be a source of comfort for a child who is settling and/or upset, and that it may often form part of a child's sleep routine.

We also recognise that overuse of dummies may affect a child's language development as it may restrict the mouth movements needed for speech. As babies get older, they need to learn to move their mouths in different ways, to smile, to blow bubbles, to make sounds, to chew food and eventually to talk. As babies move their mouths and experiment with babbling sounds, they are learning to make the quick mouth movements needed for speech. The more practice they get the better their awareness of their mouths and the better their speech will be.

Our nursery will:

- Discuss the use of dummies with parents as part of babies' individual care plans
- Only allow dummies for comfort if a child is really upset (for example, if they are new to the setting or going through a transition) and/or as part of their sleep routine
- Store dummies in individual hygienic dummy pots labelled with the child's name to prevent cross-contamination with other children
- Immediately clean or sterilise any dummy or bottle that falls on the floor or is picked up by another child.
- In Buttercups they will also use 'on the go' Sanitising water.

When discouraging the dummy staff will:

- Make each child aware of a designated place where the dummy is stored
- Comfort the child and, if age/stage appropriate, explain in a sensitive and appropriate manner **why they do not** need their dummy
- Distract the child with other activities and ensure they are settled before leaving them to play
- Offer other methods of comfort such as a toy, teddy or blanket
- Explain to the child they can have their dummy when they go home or at sleep time.

We will also offer support and advice to parents to discourage dummy use during waking hours at home and suggest ways which the child can be weaned off their dummy through books and stories.

## Recipe of the month – Homemade Lasagne



Cooked by our  
Chef Claire

### Ingredients

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince
- 90g pack prosciutto
- half quantity of our tomato sauce (see the recipe), or 800g passata
- 200ml hot beef stock
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

### Method

1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
3. Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
4. Bring up to the boil, then simmer for 30 mins until the sauce looks rich.
5. Heat oven to 180C/fan/160C/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
6. Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
8. Scatter 125g torn mozzarella over the top.
9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.



## Photos

