



Message from the Management team

Welcome to this month's newsletter. I hope you have all had a great summer, making memories with you little ones. Our new management structure is myself; Dawn (Manager) Amy Gregory (Deputy) Amy Mc (over 2-unit leader) Megan Boyle (under 2-unit leader). We are currently interviewing for new unit leaders there will be announced in due course.

I would like to say a huge thank you to the staff for their continual hard work and dedication over the last few months. We would like to wish all our children moving from Sunflower to pre-prep lots of luck we are going to miss you all. We would like to thank all parents for their continuous support throughout the past year through all the changes that have taken place now and moving forward.

We are thinking of purchasing a compost bin, so we will be recycling all waste across the nursery and school. When the compost is ready we would like to sell them to families for their gardens. The money we raise we will donate to charity of your choice, therefore we would like parents to give us names of different charities. Each month a charity will be selected to receive the money that is raised throughout that month.

Just an update: our Tulip room is on schedule to be finished for September, we look forward to welcoming the children into our new room. Enjoy the rest of the summer and we look forward to welcoming you all back September 2022.

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. My Name is Dawn Flynn-jones I have recently joined Auckland house day nursery as Manager. I have been in the childcare sector for 28 years. I have been a manager within this sector for the past 10 years. I would like to take this opportunity to thank all the parents and staff for making me feel welcome.

Thursday 1st September new term

Rosh Hashanah (Jewish New Year) Rosh Hashanah (Jewish new year) Sunday 25th Sept-Tuesday 27th September, a range of activities will take place.

-Parents Evening for Buttercup, Bluebell and Daisy will be Tuesday 16th August 6pm-8pm. Please speak to your child's key worker to arrange a time.

-Parents Evening for Daffodil, Snowdrop and Sunflower will be Wednesday 17th August 6-8pm, contact your child's key worker to arrange an appointment.

Buttercups

This month in Buttercup room, we read the Elmer book and sang the rainbow song, the children enjoyed taking part in all the different creative and messy play activities. The children made their own rainbows and some Elmer the elephants while developing their fine motor skills. The children enjoyed reading the story and looking at all the different pictures. Children also enjoyed exploring the different colours in the rainbow. Children have had lots of fun exploring beach themed activities exploring textures and marks, We have also had lots of fun visiting the ducks through trips to the park developing their knowledge of animals.

Daisy

We have had lots of fun this month in Daisy room, we have started our new song and story of the term once I caught a fish alive and feelings. We have loved using a variety of different creative tools and resources to make different fish such as gluing and sticking, mark making and painting our own hands. We have loved doing a variety of activities for our feelings, we look in the mirror and talk about our happy, sad etc faces. We have been looking at emotion cards and learning about the different emotions we feel. We have also done mark making making our own faces. We have started to do 'wellbeing Fridays' to support the children's mental health and wellbeing. Last Friday we made lots of tasty treats such as cakes to enjoy making and eating. This Friday we are having a spa day! We are so excited to be pampered and have a relaxing day.

Bluebell

This month in Bluebell we have had lots of fun! We have been so excited for some summer activities in the sun. The children have spent lots of time exploring outdoors, playing in the sandpit and splashing in the water table. We used a range of coloured tissue paper to make our very own salad pictures. Children also enjoyed exploring the different fruits during meal times they were delicious. We started our new song and story of the term which is pat-a-cake and hullabaloo at the zoo. Children had lots of fun making their own cakes and played with wiggly spaghetti with the zoo animals. Children have also explored a range of messy play, creative activities and exploring different marks.

Snowdrop

This half term has been so much fun, we carried on focusing on the song 'five little men' learning more about space and exploring different materials to create our own spaceships. We explored a space tuff tray and engaged in pretend play imagining that they were on the moon. The children continued to show interest in the story "I want to be like you". We spoke about the difference between the animals using animal, masks and engaged in pretend play. Children have shown an interest in transport this month so we took a trip to the train station and the airport to spot different forms of transport it was very exciting. We have loved getting to know the new staff in the room and had lots of fun with them.

Daffodil

We have enjoyed many trips to the park this month, enjoying the weather developing their interest in animals. Children also enjoyed exploring the environment telling us what they can see. Children have also been focusing on colour recognition this month, sorting bears into colour groups and categorising them into big and small. Developing the colour recognition further we explored colour themed flashcards. The children have become very confident recognising colours this month. Children have also developed their interest in exploring different textures and marks.

Sunflower

This half term we have been busy learning all about Noah's ark in our story of the term "all afloat on Noah's Boat". The children enjoyed drawing their own animals and talked about where different animals live. Sunflower room have also been developing their important skills that will help them in pre-prep by threading beads, developing their fine motor skills. Also they have been keeping cool this month enjoying ice lollies and a water fight which we all got very wet. The children also enjoyed our song of the term "pat-a-cake" which provided many opportunities for the children. We decorated our own chocolate muffins and also enjoyed eating them too.

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Use of dummy in nurseery policy

At Auckland House Day Nursery, we recognise that a dummy can be a source of comfort for a child who is settling and/or upset, and that it may often form part of a child's sleep routine.

We also recognise that overuse of dummies may affect a child's language development as it may restrict the mouth movements needed for speech. As babies get older, they need to learn to move their mouths in different ways, to smile, to blow bubbles, to make sounds, to chew food and eventually to talk. As babies move their mouths and experiment with babbling sounds, they are learning to make the quick mouth movements needed for speech. The more practice they get the better their awareness of their mouths and the better their speech will be.

Our nursery will:

- Discuss the use of dummies with parents as part of babies' individual care plans
- Only allow dummies for comfort if a child is really upset (for example, if they are new to the setting or going through a transition) and/or as part of their sleep routine
- Store dummies in individual hygienic dummy pots labelled with the child's name to prevent cross-contamination with other children
- Immediately clean or sterilise any dummy or bottle that falls on the floor or is picked up by another child.
- In Buttercups they will also use 'on the go' Sanitising water.

When discouraging the dummy staff will:

- Make each child aware of a designated place where the dummy is stored
- Comfort the child and, if age/stage appropriate, explain in a sensitive and appropriate manner **why they do not** need their dummy
- Distract the child with other activities and ensure they are settled before leaving them to play
- Offer other methods of comfort such as a toy, teddy or blanket
- Explain to the child they can have their dummy when they go home or at sleep time.

We will also offer support and advice to parents to discourage dummy use during waking hours at home and suggest ways which the child can be weaned off their dummy through books and stories.

Recipe of the month – Beef Hot Pot



Cooked by our
Chef Claire

Ingredients

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince
- 90g pack prosciutto
- half quantity of our tomato sauce (see the recipe), or 800g passata
- 200ml hot beef stock
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

Method

1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
3. Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
4. Bring up to the boil, then simmer for 30 mins until the sauce looks rich.
5. Heat oven to 180C/fan/160C/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
6. Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
8. Scatter 125g torn mozzarella over the top.
9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.

