**PHSE Scheme of Work 2022-2023: YEAR 8**

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| **AUTUMN TERM 1: SEPT - OCT** | **AUTUMN TERM 2: OCT - DEC**  | **SPRING TERM 1: JAN - FEB**  |
| **Drugs and Alcohol** | **Relationships** | **My Future** |
| **AO: to understand the effects that drugs have on the body.** In this unit the students are looking at the classification of different drugs as well as the law relating to drugs and the effects they have on the body. This includes looking at legal as well as illegal drugs. There is a specific focus on the use and abuse of alcohol, again looking at the law and effects on the body.**Topics:*** Drugs and the law.
* Drugs on the body.
* Alcohol abuse.
* Why people take drugs.
 | **AO: to begin to understand different types of relationships.**This unit comes under the SRE guidelines and focuses on different types of relationships. It begins the discussion surrounding sexuality, consent and the components of a healthy and unhealthy relationship. It also discusses strategies for dealing with and getting out of unhealthy or abusive relationships.**Topics:*** Relationships.
* Sexuality.
* Consent.
* Healthy and unhealthy relationships.
* Dealing with abusive relationships.
 | **AO: to examine my options in year 9 and beyond.**This unit gets the students to start thinking about their future. In my school students make their GCSE choices in Year 9 and begin them in year 10 so we also cover the options process and what sort of questions they need to find answers to before they choose their subjects. The first part of the unit however focuses on the connection between personality and career choice as well as getting the students to do research into a career that they are interested in.**Topics:*** Options in year 9.
* College, university, or apprenticeships.
* Careers.
* My hobbies and interests.
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| **SPRING TERM 2: FEB - MAR** | **SUMMER TERM 1: APR - MAY** | **SUMMER TERM 2: JUN - JUL** |
| **British Society** | **Human Rights and Discrimination** | **Reflecting on Year 8** |
| **AO: to design and create an app using MIT App Inventor**In this unit of work pupils will learn about British Values. In it the students will learn about different political systems, different voting systems and how the system in the UK works. This will then lead on to a piece of group project work where the students will create political parties and run for office – the fictional School President.**Topics:*** British values
* Politics and voting systems.
* Political parties
 | **AO: to identify the history of Human Rights and why we have them.**In this unit the students will be looking at the history of Human Rights and why we have them. They will also look at cases where human rights may have been violated and discuss them. In the second half of the unit the students will be looking at different types of discrimination and how to identify and combat them.**Topics:*** History of human rights.
* What are human rights and why do we have them.
* Combating discrimination
 | **AO: to examine my goals moving towards year 9.**Reflecting on year 8 and setting individual targets for year 9.**Topics:*** To reflect on year 8.
* To identify my strengths and weaknesses.
* To develop my growth mindset.
* To set myself targets and goals.
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